



Family Code of Conduct Worksheet

- **Privacy**

(Bathroom, Dressing, Sleeping.)

*this may vary by person or change as children mature.

- **Respectful Behaviors**

What do we promote and strive to uphold?

(Interactions with children, treatment of each other's property, affection, playing around.)

- **Bodily Autonomy and Personal Property**

(respecting when someone says "no", paying attention to body language, asking for permission.

Being allowed to change one's mind.)

- **Supervision**

What is ideal?

(No-go areas, closed doors, parental settings, access to smart devices.)



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- **Playdates and Sleepovers**

What do we need to know? Who, what, when? What are our requirements, limits?

- **Secrets (Verbal, Gifts, Favors, Communicatoin)**

Anything done or communicated in secret that is meant to not to be shared with a child, could be an attempt at grooming, or at the least, could confused a child and weaken their relationship with protective parents/adults.

There are some people that should not communicate privately with children - teachers, coaches etc. should not be texting, emailing to/from personal email addresses, or communicating via social media.

- **Smart Devices & Internet Use**

Controlling Contacts & Supervision

Apps - what is allowed? Ads, chat functions, content,

Time limits, bedtime shutdown.

Using other people's devices.

- **Body Safety Check-ins**

How often and when?